



SAVE THE DATE!

Saturday and Sunday

October 15-16, 2022

**Therapeutic Riding Association of Virginia (TRAV)
Educational Workshop and Horse Show
at the Virginia Horse Center**

In line with its mission statement of *fostering equine-assisted activities by offering education and networking opportunities to operating centers and raising public awareness of the benefits of these activities to individuals with disabilities*, TRAV annually offers education workshops for its members and for many years held an annual horse show at the Virginia Horse Center.

After having hosted completely virtual educational workshops for the past few years due to the ongoing COVID-19 pandemic, the TRAV Board of Directors is pleased to announce that this year, we are back to hosting in-person events! Not only will we once again be offering the hands-on workshops in person, we are also bringing back our annual TRAV Horse Show!

Please **join us** for this immersive, educational, and fun opportunity.

Saturday and Sunday, October 15-16, 2022

Virginia Horse Center Foundation | 487 Maury River Road | Lexington, VA 24450-3374

At the newly renovated Bent Tree Barn and Arena (barn #5)

Registration Information

Online registration for the education day AND horse show will be open until October 5, 2022.

- To register for the Education Day, [please visit the TRAV website here](#).
- To register for the Horse Show, [please complete this application packet](#) and return it to the Show Secretary, Mary Jo Beckman at 6520 Truman Lane, Falls Church, VA 22043-1821
Phone: (703) 538-6329, Email: mjbeckman@gmail.com

This Education Day is being offered FREE OF CHARGE to any TRAV member in good standing. And we are happy to share that we will be able to offer entry into the Horse Show at a reduced rate - \$2.00 per class entry fee.

Show participants will be charged only for shavings used. There will be no charge for stalls!

Lunch will be provided both days and dinner will be provided the evening of October 15.

Continuing Education Units

The Education Day satisfies up to 4 hours of annual continuing education requirements.
(CE=General Continuing Education)

Lodging Information

A block of rooms has been reserved at the Comfort Inn Virginia Horse Center, 62 Comfort Way in Lexington for the nights of Friday, October 14 and Saturday, October 15 (checking out Sunday, October 16). When making your reservation, please reference "TRAV Group" to receive the discounted block rate of \$159 per night. Be sure to make your reservation before Friday, September 23 to get this special rate.

[Comfort Inn Virginia Horse Center](#)

62 Comfort Way in Lexington, VA 24450

Telephone (540) 463-7311 or (540) 463-4590

DRAFT PROGRAM

Saturday, October 15

10:00am **Welcome**
Maya Grigorovich-Barsky, Board President, TRAV Inc.



10:05am **Update on Virginia Horse Center**
Speaker: TBD (rep from VHC)

10:15am **Morning Session – New Possibilities for Riding as Therapy for Both Horse and Rider**

(Part I)

Tad Coffin, 1976 Double Gold Olympic Gold Medalist with Bally Cor



- Lecture (1 hour)
- TheraTree demonstration (30 mins.)
- Tad will ride in SmartRide Rx technology (45 mins.)
- Discussion & Q&A (30 mins.)

1:00pm **Lunch in Mezzanine**
Buffet Lunch

2:00pm **Afternoon Session – New Possibilities for Riding as Therapy for Both Horse and Rider**

(Part II)

- Tad will ride in SmartRide Rx technology (45 mins.)
- Discussion & Q&A (30 mins.)

5:00pm Evening Activities in Mezzanine: Dinner, Silent auction, Networking session & Announcement of TRAV Therapy Horse of the Year

Featured Speakers:

- **Braydon Jones, 4-H Ambassador**
- **Sophie Brooks**
- **[Mary Carter McConnell, Millwood Farm, Rappahannock County](#)**

Anthropologist, historian, research specialist, horse and dog breeder, specialist in the study of humankind, and just about the reference for good reading material I've ever met. She has plenty of manure on her shoes by the back door, so she's not just a book-learning-only type girl. Much of our interview was conducted in the field, Mary with a bucket in her hand and her Cherokee and Choctaw herd surrounding her. She explained each animal to us -- genetic line, physical attributes and behavioral characteristics, and talked about why the horses were regionally selected over hundreds of years.

Sunday, October 16

9:00am TRAV Horse Show

To register for the Horse Show, [please complete this application packet](#) and return it to the Show Secretary, Mary Jo Beckman at 6520 Truman Lane, Falls Church, VA 22043
Phone: (703) 538-6329, Email: mjbeckman@gmail.com

Class List

TRAV Division

1. Equitation walk with assistance (leader and/or sidewalkers)
2. Equitation walk - independent
3. Equitation trot with assistance (leader and/or sidewalkers)
4. Equitation trot - independent
5. Equitation walk, trot, canter - independent
6. Trail with assistance
7. Trail - independent
8. Trail - trot independent
9. Trail - walk, trot, canter
10. Poles with assistance
11. Poles - independent walk
12. Poles - independent trot
13. TRAV Challenge

Open Division (inclusion classes)

14. BRHF Leadline
15. Model
16. Equitation walk
17. Equitation walk & halt
18. Equitation walk & trot
19. Equitation, walk, trot, canter
20. Pleasure walk
21. Equitation, walk, trot
22. Equitation walk, trot, canter
23. Pattern class
24. Independent
25. With coach

TRAV Statement on Inclusion and Diversity

The Therapeutic Riding Association of Virginia (TRAV) states its mission as a "... non-profit formed to foster equine-assisted activities by offering education and networking opportunities to operating centers and to raise public awareness of the benefits of these activities to individuals with disabilities." To further clarify, TRAV endorses fairness, justice, and equality for all regardless of race, ethnicity, culture, religious/spiritual belief, gender, socio-economic status, or age. TRAV holds this belief integral in providing services to the population identified in the mission statement and is committed to uphold this standard as a valued tenet.



Supported by the Virginia Horse Industry Board