



Therapeutic Riding Assoc of VA

## TRAV SILVER RIDING CERTIFICATE CRITERIA

Level TWO (Student-directed, Instructor  
guidance)

Student \_\_\_\_\_

Instructor \_\_\_\_\_

### LESSON SKILLS

#### Grooming

Demonstrates use & directional strokes of four grooming tools on appropriate parts of horse

Picks front hooves

Demonstrates two after-care methods to remove sweat marks following lesson

#### Tacking

Places saddle with orientation on back of horse

Attaches girth with assistance

Unbuckles two parts of the bridle

Pulls horse's bridle down off over ears

Wipes off saddle with saddle soap & water

#### Safety Rules

Removes all brushes, objects, etc. away from horse's feet

Maintains one horse length distance from another horse while riding in ring

Names three ways to identify horse's body language

Recognizes worn equipment when asked

Checks girth for tightness before mounting

#### Leading

Leads horse from left side in open area

Turns the horse: left / right

#### Mounting

Mounts horse from left side (right side if needed)

Collects reins: contact in left hand

Places left foot in stirrup

Lifts right leg over back without touching horse

Asks for assistance to lengthen or shorten stirrup leathers

Holds reins at equal length while mounting

#### Dismounting

Takes both feet out of stirrups

Holds both reins in left hand & places right hand on or near pommel

Lifts right leg, clearing saddle and back of horse

Slides down to ground, landing on both feet

Lifts stirrups onto saddle on both sides



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#### Knowledge

Locates three parts of saddle

Locates three parts of bridle

Locates six parts of horse

Identifies three types of foods that horses eat

#### Riding Skills

Cues horse to walk & halt (using legs, voice, weight shift)

Increases horse's speed from slow to brisk walk

Walks a complete circle without center guide

Maintains two-point (or jumping position) walking over 4 ground pole, for 50 feet, in straight line

Turns horse's in each direction by weaving around four cones

Performs simple change of direction by completing half circle to left & right

Completes figure eight at walk using two cones as guides

Maintains balanced seated position without use of stirrups at walk for entire length of long wall

Retrieves stirrups & places feet into them, uses hands if necessary

Completes sequence of seven-step dressage pattern)

Demonstrates control while riding on outside periphery of ring at a walk

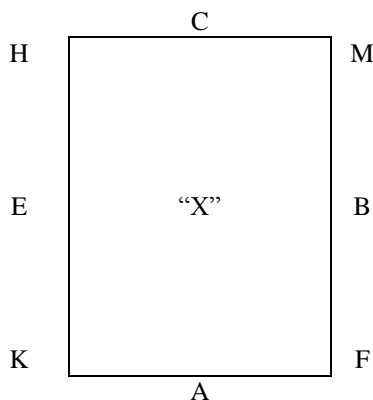
Cues horse to trot/ jog & sits the trot/jog for a distance of 150 feet

Posts at walk, rising up & down demonstrating a two beat rhythm

Maintains posting/ working jog on straight line, for 50 feet

Touches or verbalizes when horse's outside shoulder moves forward

Posting trots/(on correct diagonal,)/ working jog in either direction of the ring



Sample Pattern in the dressage ring:

- X Proceed at walk to C
- C Turn left
- H-E Continue walk
- E-X-B Change rein by crossing arena
- B Turn right
- F-A-K Sitting trot/jog
- K-E-H Posting trot/working jog
- H Walk
- C Halt

Center – Address - Phone – Email – Fax

Instructor Signature and Date: \_\_\_\_\_