



**THERAPEUTIC  
RIDING  
ASSOCIATION  
OF VIRGINIA**

## **TRAV Rider Achievement Certificate Program**

### **Guidelines for Use**

This program is designed for the student and riding instructor to set objectives desired towards achievement of riding goals. It is designed as an instructional tool to enhance the effectiveness of therapeutic riding programs in the following ways:

1. Establish criteria with the student and instructor to obtain the set goals.
2. Riders experience a sense of accomplishment as they master the objectives outlined.
3. Provides a progressive guideline for the skills needed in local shows that they desire to participate in.
4. Signed certificate provides documentation of their individual skill acquisitions as they transition to another riding program or equine activity.

### **Directions for Completing Checklists**

1. Make a copy of the appropriate level checklist for each student.
2. As individual skills are mastered, record the date. Use black or blue ink as it photocopies best.
3. When a student has mastered all of the skills\* at a particular level, instructor signs the document, and sends to the authors below for signatures via email.

4. TRAV-member centers should send the completed checklists to: TRAV RIDER ACHIEVEMENT AWARDS (subject line) to :

Cheryl H. Coughlin, OTD, OTR/L

E mail: cswcoughlin@hotmail.com

13679 Orchard Drive Clifton, VA., 20124

OR

Marjorie Youngs, M.ED.; PATH ESMHL

Email: Mlyoungs@hotmail.com

422 Gorham Lane, Boyce, VA 22620.

A certificate will be sent to the center within three weeks. The certificates will be signed by either of the rider achievement authors and will also need to be signed by the instructor.

\*There may be situations where a student, due to a disability-related limitation, can master the vast majority, but not all of the skills listed for a particular level. In such instances, an explanation prepared by the instructor should be submitted along with the checklist.