



**Therapeutic
Riding
Association of
Virginia**

**TRAV GOLD RIDING
CERTIFICATE**
(Independent, Model to others)

Student _____

Instructor _____

Date	LESSON SKILLS	Comments
	Grooming	
	Grooms entire horse in sequential order	
	Picks out all four feet of horse	
	Wipes off bridle & reins using (saddle) soap & water after each lesson	
	Disassembles saddle into parts	
	Wipes(irons, stirrup leathers, girth, & saddle) with (saddle) soap & water after lesson	
	Trims horse's muzzle	
	Indicates areas that are clipped on a regular basis	
	Demonstrates proper care of horse after winter; gives reasons why	
	Demonstrates proper care of horse after summer; gives reasons why	
	Tacking	
	Places bridle on horse independently	
	Takes bridle off horse independently	
	Places saddle on horse independently	
	Takes saddle off horse independently	
	Safety Rules	
	Demonstrates moving to different area of ring when too close to another horse	
	Demonstrates proper spacing when leading a horse	
	Demonstrates proper spacing for maneuvering past fences when riding a horse.	
	Demonstrates proper spacing for horse & rider when traveling through gates when riding a horse.	
	Demonstrates proper spacing for horse & rider when traveling around obstacles when riding a horse	
	Leading	
	Performs walk/trot/walk transition for 50 feet while leading the horse	
	Leads from left /right sides of horse	
	Halts horse with front feet square	
	Halts horse with both front &back feet square	
	Mounting	
	Demonstrates ability to adjust stirrup leathers to correct length using arm as a measurement	
	Demonstrates all steps of mounting independently	
	Gathers reins to appropriate length to establish contact with horse's mouth	
	Dismounting	
	Maintains contact with reins when dismounting horse	
	Uses hands& arms to lift his/her bodyweight off saddle for dismount	
	Runs up stirrups independently after dismounting horse	



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	Knowledge	Comments
	Names/ locates (skirt, stirrup leather, & knee roll) of saddle	
	Names /locates (cheek pieces & keepers) on bridle	
	Names/ locates (fetlock, hock, knee, gaskin, flank, & pastern) on horse	
	Explains reasons for different rations of feed (amount of work performed, size of horse)	
	Explains reasons for additional nutritional supplements (older horses, mares in foal, heavily worked horses)	
	Riding Skills	Comments
	Cues horse (walk, halt, trot and back up) for movement patterns	
	Completes figure eight (walk & trot) without using obstacles for guidance	
	Performs posting trot on correct diagonal (entire length of the ring, over cavelettis and over ground poles)	
	Changes direction (trotting across the ring, on a diagonal line, & half circle both ways)	
	Rides complete circle (sitting & posting trot) in both directions	
	Maintains two-point position (trotting) entire length of ring	
	Demonstrates working walk (both directions)	
	Halts horse with front feet square (on rail & in center of ring)	
	Backs horse four stride lengths (in a straight line on trail & in center of ring)	
	Rides horse (outside ring, up & down hills & through gates)	
	Retrieves stirrups (without using hands)	
	Maintains balanced, seated position (while riding bareback at walk)	
	Completes 12-step dressage pattern in correct sequence (See sample pattern below)	



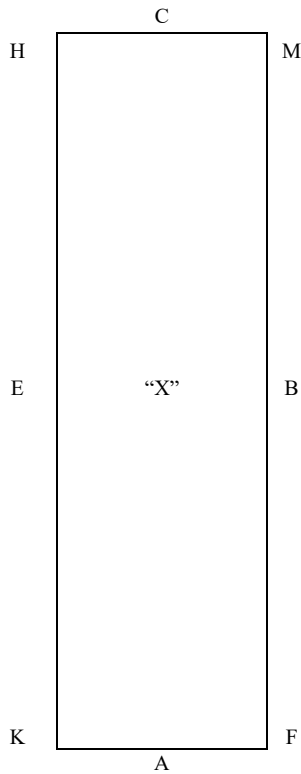
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Sample Pattern in the dressage ring:



- | | |
|-------|----------------------------------|
| X | Proceed at walk to C |
| C | Turn left |
| H-E-K | Continue walk |
| K | Sitting trot |
| A | Circle left 20 meters through X |
| A-F | Continue sitting trot |
| F-B-M | Posting trot |
| M | Working Walk |
| C-H | Continue Walk |
| H-X-F | Change direction |
| F | Sitting trot |
| A | Circle right 20 meters through X |
| A-K | Continue sitting trot |
| K-E-H | Posting trot |
| H | Walk |
| C | Halt |

Instructor (signature) _____

Student _____

Center _____

Address _____

Email/Fax _____

Phone _____

Date _____



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