



**Therapeutic Riding
Association of
Virginia**

TRAV Bronze Rider Certificate
(Models, Prompt-directed, Student
requires assistance)

Student _____

Instructor _____

Date	LESSON SKILLS	
	Grooming	Comments
	Matches grooming tools (curry comb, body brush, hoof pick, mane & tail comb) to model	
	Demonstrates sequential use of grooming tools (curry, body brush, mane & tail comb), hoof pick: front/back/front/back or front/front/back/back	
	Demonstrates movement pattern for each grooming tool	
	Identifies/locates "V" on frog of hoof	
	Names two after-care procedures; after horse finishes lesson	
	Tacking	Comments
	Indicates proper place for positioning saddle	
	Locates front/back of saddle	
	Places reins over horse's head ,holding headstall with other hand	
	Matches throatlatch, noseband, & buckles to straps	
	Wipes off bit with damp sponge after lesson	
	Safety	Comments
	Names attire for stable work & riding (choose items: helmet, slippers, close-toe shoes, pajamas)	
	Demonstrates direction to approach horse (choose: front/back, straight/ on an angle)	
	Demonstrates tone/level of voice to use (choose: loud/high, soft/ low)	
	Demonstrates how to alert horse of your position (touch horse)	
	Demonstrates how to secure horse after lesson (chose: drop reins/leave horse, ask to hold /tie horse)	
	Leading	Comments
	Demonstrates leading horse with both hands & lead shank (12" from nose)	
	Demonstrates position when holding halted horse (chose: stand facing horse, stand at horse's shoulder facing forward)	



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Date	Mounting	Comments
	Pulls stirrups irons down with assistance	
	Holds reins in one hand (left is proper) at withers	
	Places foot in stirrup (left is proper)	
	Lifts other leg over saddle & rump (right is proper)	
	Sits down gently on saddle	
	Picks up reins & holds one in each hand	
	Dismounting	Comments
	Remove both feet out of stirrups (may use hands)	
	Drops reins onto horse's neck	
	Places left hand on neck of horse in front of saddle, other hand (on or near) pommel	
	Lifts right leg over back of horse	
	Slides down side of horse, with help, to ground	
	Places stirrups over top of saddle, making a crossing pattern, with assistance	
	Knowledge	Comments
	Matches three parts of saddle (saddle, girth, & stirrup)	
	Matches three parts of bridle (reins, noseband, & throatlatch)	
	Matches six parts of horse (neck, tail, ears, hoof, back, & withers)	
	Matches two food sources (hay, grass, water, grain)	
	Riding Skills	Comments
	Cues horse to walk-on using voice/leg/weight shifts aids	
	Halts horse using voice/hand/weight shifts aids	
	Stands up in stirrups maintaining two-point position for 50 feet, with hands propped on horse's neck	
	Guides horse over a ground pole at a walk in a straight line	
	Turns horse to left & right at obstacle, during walk using hand/leg aids	
	Performs a simple change of direction by crossing ring to other side	
	Rides horse at a walk in a complete circle around an obstacle with assistance	
	Completes a five-step dressage pattern in correct sequence (See sample pattern below)	

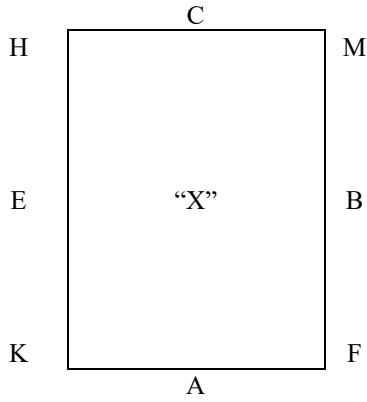


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Sample Pattern in the dressage ring:

M Proceed to B at a walk

B Halt 5 seconds

Circle right 20 meters around obstacle at X

B-F Walk

F Halt

Instructor (signature) _____

Student _____

Center _____

Address _____

Email/Fax _____

Phone _____

Date _____