



Therapeutic Riding Assoc of VA

**TRAV BRONZE RIDING
CERTIFICATE CRITERIA**
Level ONE (Models, Prompt-directed,
Student requires assistance)

Student _____

Instructor _____

LESSON SKILLS

Grooming

- Matches four grooming tools to model
- Places grooming tools in sequential order including hoof pick
- Demonstrates movement pattern for each grooming tool
- Identifies/locates "V" on frog of hoof
- Names two after-care procedures when horse finishes lesson

Tacking

- Points to proper saddle placement on back of horse
- Points to front/back of saddle
- Places reins over horse's head, holding headstall with other hand
- Matches three parts of bridle to attachments
- Wipes off bit with damp sponge after lesson

Safety

- Matches two items of attire for stable work & riding
- Chooses correct direction to approach horse
- Demonstrates tone/level of voice to use from model
- Demonstrates how to alert horse of your position (touch horse)
- Demonstrates two ways to secure horse after lesson

Leading

- Demonstrates leading horse with both hands & lead shank (12" from nose)
- Demonstrates from choice of two; position when holding halted horse

Mounting

- Pulls stirrups irons down with assistance
- Holds reins in one hand (left is proper) at withers
- Places foot in stirrup (left is proper)
- Lifts other leg over saddle & rump (right is proper)
- Sits down gently on saddle
- Picks up reins & holds correctly in hands

Dismounting

- Remove both feet out of stirrups (may use hands)
- Drops reins onto horse's neck
- Places left hand on neck of horse in front of saddle, other hand (on or near) pommel
- Lifts right leg over back of horse
- Slides down side of horse, with help, to ground
- Places stirrups over top of saddle, with assistance



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Knowledge

Matches three parts of saddle

Matches three parts of bridle

Matches six parts of horse

Matches two food sources

Riding Skills

Cues horse to walk-on using voice/leg/weight shifts aids

Halts horse using voice/hand/weight shifts aids

Stands up in stirrups maintaining two-point position for 50 feet, with hands propped

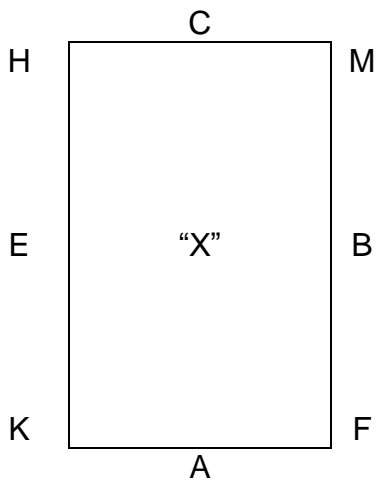
Guides horse over a ground pole at a walk in a straight line

Turns horse to left & right at obstacle, during walk using hand/leg aids

Performs a simple change of direction by crossing ring to other side

Rides horse at a walk in a complete circle around an obstacle with assistance

Completes a five-step dressage pattern in correct sequence



Sample Pattern in the dressage ring:

- X Proceed at walk to C
- C Turn right, continue at walk
- M-B walk
- B Halt(5 seconds);circle around" x" obstacle
- B Return to walk
- B-F Walk
- F Halt, turn left to A
- A Walk to X
- X Halt; Salute

Center – Address

Phone – Email – Fax

Instructor Signature and Date