



Therapeutic Riding Assoc of VA

TRAV SILVER RIDING CERTIFICATE CRITERIA

Student _____
 Center _____
 Instructor _____

LEVEL TWO: (student asks for assistance)

Date	LESSON SKILLS			
	Grooming	1	2	3
	Demonstrates the use and directional strokes of the curry comb, body brush, and mane & tail comb on the appropriate parts of the horse's body	1	2	3
	Picks the horses front hooves	1	2	3
	Demonstrates the necessary after-care of the horse by brushing and sponging off the sweaty areas	1	2	3
	Wipes off the saddle with (saddle) soap and water	1	2	3
	Tacking	1	2	3
	Places the saddle in the proper orientation on the back of the horse	1	2	3
	Attaches the girth on the right side first (recognizing leather versus elastic side if applicable) and then attaches the girth on the left side to tighten it	1	2	3
	Unbuckles the noseband and the throatlatch of the bridle	1	2	3
	Doffs the horse's bridle over the ears	1	2	3
	Safety Rules	1	2	3
	Removes all brushes, objects, etc. away from the horse's feet	1	2	3
	Maintains at least one horse length distance from another rider while riding in the ring	1	2	3
	Recognizes the horse's body language by its behavior (swishing the tail, pinning its ears back or perking it ears forward)	1	2	3
	Recognizes worn equipment (particularly worn straps and buckles)	1	2	3
	Checks the girth for tightness before mounting the horse	1	2	3
	Leading	1	2	3
	Leads the horse from the left side in an open area	1	2	3
	Turns the horse in either direction	1	2	3
		1	2	3
	Mounting	1	2	3
	Demonstrates the proper sequences for mounting the horse (if mounting from the right side, adapt accordingly):	1	2	3
	Mounts the horse from the correct side (or from the right side if necessary)	1	2	3
	Holds the reins at the proper length in left hand in preparation for mounting	1	2	3
	Properly places one foot in the stirrup	1	2	3
	Lifts other foot over the back of the horse without touching the horse	1	2	3
	Asks for assistance to lengthen or shorten the stirrup leathers	1	2	3
	Holds the reins at an equal length in the hands	1	2	3
		1	2	3
	Dismounting	1	2	3
	Demonstrates the proper sequences for dismounting the horse (if dismounting to the right side, adapt accordingly)	1	2	3
	Takes both feet out of the stirrups	1	2	3
	Holds both reins in the hand of the side dismounting to, and lays the hand on the horse's neck ___ Brings the right foot over the back of the horse without touching the animal	1	2	3
	Slides down to the ground, landing on both feet	1	2	3
	Knowledge	1	2	3
	Locates parts of the saddle(pommel, billets, and cantle)	1	2	3
	Locates parts of the bridle (bit, browband and headstall)	1	2	3
	Locates parts of the horse (poll, shoulder, chest, hip, barrel, and rump)	1	2	3
	Lists the feed horses eat: pellets, hay, grain, (barley, oats, bran), mixed feed, sweet feed (combined with corn, oats, barley, bran, and molasses)	1	2	3
	Riding Skills	1	2	3
	Cues horse to walk, halt, and trot	1	2	3
	Increases horse's speed from slow to brisk walk	1	2	3
	Walks a complete circle without a center obstacle as a guide	1	2	3
	Posts at the walk ,rising up and down demonstrating a two beat rhythm	1	2	3
	Sits the trot for a distance of 150 feet	1	2	3
	Identifies location of the words "inside" and "outside"	1	2	3
	Identifies correct diagonal when trotting in either direction of the ring	1	2	3
	Maintains posting trot on a straight line for 50 feet	1	2	3
	Maintains two-point (or jumping position) while walking over 4 ground poles for a distance of 50 feet in a straight line	1	2	3
	Performs simple change of direction by performing a half circle or by crossing the ring to the other side	1	2	3
	Turns horse / changes horse's direction by performing serpentines (weave cones while at the walk)	1	2	3



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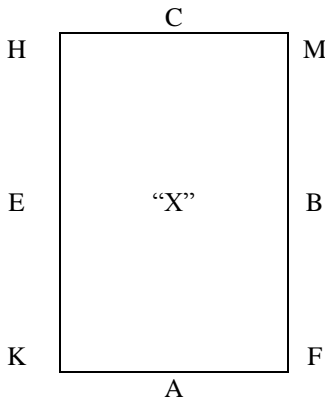
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Completes figure eight at the walk using two cones as guides to circle around	1	2	3
Demonstrates control of horse while riding on the outside periphery of the ring	1	2	3
Maintains balanced seated position without using the stirrups at a walk while tracking in a straight line	1	2	3
Retrieves stirrups and places feet into them, using hands if necessary	1	2	3
Completes 7-step dressage pattern in correct sequence (See sample pattern below)	1	2	3
Work Habits			
Follows 2-3 step (pictorial, verbal, written) direction	1	2	3
Gathers requested materials or equipment from designated area, asking for assistance when needed	1	2	3
Initiates and uses equipment or materials to engage in a sequential activity, asking for assistance when needed	1	2	3
Paces themselves, using rhythmical pattern/cadence as sustain task, asking for guidance/feedback as needed	1	2	3
Recognizes when activity or process is completed and proceeds to next task or area	1	2	3
Restores materials or equipment to storage containers or shelves, asking for assistance when needed	1	2	3
Performs 3-step routine, asking for assistance when needed	1	2	3
Demonstrates problem-solving skills when presented with a situation that requires sharing of tools, materials or division of tasks to complete activity	1	2	3
Social Skills			
Greet animals and people when entering and leaving the facility	1	2	3
Recognizes horses's mood through observation of body language and responds appropriately (quiet horse-approach and touch horse; ears back-move away from horse, report to staff)	1	2	3
Reports 3 details regarding their experience when asked	1	2	3
Praises horse at the beginning, during and at the end of the lesson	1	2	3
Adapts physical space with animals and people as needed	1	2	3
Take turns with others during activities	1	2	3
Responds to or initiates simple questions related to tasks or experiences	1	2	3

Rating scale: 1 = attempts to perform; 2 = inconsistent performance; 3 = consistent performance



Sample Pattern in the dressage ring:

- X Proceed at walk to C
- C Turn left
- H-E Continue walk
- E-X-B Change rein by crossing arena
- B Turn right
- F-A-K Sitting trot
- K-E-H Posting trot
- H Walk
- C Halt

Instructor's Signature: _____

Center Name _____

Date _____

*Address _____

Phone _____

E-mail/Fax _____

*Specify if certificate is being sent to different address